

WEST40 WEEKLY

newsletter



FEBRUARY 2, 2024

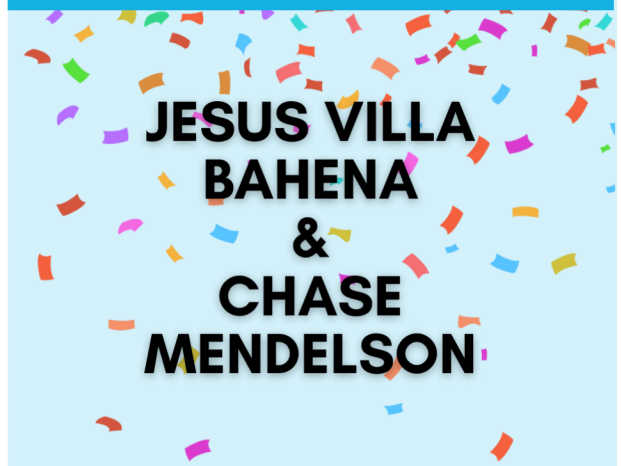
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CELEBRATE



JANUARY'S PERFECT ATTENDANCE STUDENTS!



IMPORTANT DATES

FEBRUARY 14TH:
1/2 Day for
Students

FEBRUARY 19TH:
No School-
Presidents Day

MARCH 4TH:
No School-
Pulaski Day

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ADVOCATES CORNER

Hello parents!

This week in SEL we took an introspective look at ourselves and learned about self-awareness. Students learned about what self-awareness is, why it's important, and how we can develop self-awareness skills. Students watched video explanations to help deepen their understanding, as well as participated in discussions to share ideas and opinions with their peers.

As we learned and discussed, students had the opportunity to gather in groups with their peers and get to know each other's strengths, weaknesses, and commonalities. Students shared with the class and had a great time learning about each other and themselves.

To motivate students more, students learned how self-awareness can help with managing one's emotions, communicating their needs, and reaching their goals. Students also engaged in a great discussion on how humans are set apart from Artificial Intelligence and other species, by the simple fact that humans have self-awareness.

Ask your students what they thought about this SEL lesson and encourage them to share how they're practicing self-awareness.

-Ms. Alvarez



SPRING 2024 EDUCATOR JOB FAIR

Are you passionate about education and eager to make a difference in the lives of students? Here's your chance to be a part of something incredible! More than twenty West Cook County school districts are coming together to offer you an exciting opportunity to kickstart your career in education!

WHAT TO EXPECT:

- Explore various positions at area school districts, including teachers, substitute teachers, paraprofessionals, and other school support staff.
- Meet with representatives from over twenty school districts in the West Cook County Region and discover the vast array of job opportunities.
- Learn about the benefits and rewards of a career in education.

SAVE THE DATE!

DATE: Saturday, February 24, 2024

TIME: 10am-2pm

LOCATION: West40 at Lexington, Gymnasium, 415 Lexington Street, Maywood, IL 60153



Don't miss out on this incredible opportunity to find your perfect fit in the world of education!

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GRADE & ATTENDANCE REPORTS

Would you like to stay updated on your student's academic progress and attendance without the need to log into Pearson? You can easily access your student's data folder at any time. It contains:

- Monthly attendance report broken down by block for each day.
- Monthly Progress reports for each class
- Link to signed Referral Consent form
- Student Information Form (If information is incorrect, please inform your advocate!)

Can't find the link? Contact Mrs. Hoskins!

CONTACT YOUR ADVOCATE

Kasia Mazur
(Lead Advocate)
708-620-6433

Denise Alcauter
708-628-7194

Nathalie Alvarez
708-620-6905

Mackenzie Carter
708-397-6422

Jack Lee
312-283-4373

KEEP IN TOUCH

MELISSA HOSKINS



Director of Remote Learning
Principal of West40 Remote
School

Email: MHoskins@West40.org

Cell: 708-921-9914

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SCHOOL WEBSITE



<https://www.west40remoteschool.com/>

SCHOOL SUPPLY LIST

https://www.west40remoteschool.com/_files/ugd/f770c8_ed36f96dcb854b35bb2c72efe68ad602.pdf

STUDENT HANDBOOK

The West40 Remote School Student Handbook can be viewed in the Pearson hub or on our website at:



https://www.west40remoteschool.com/_files/ugd/f770c8_47085181c8134bd3ba117b6be5ec1f7d.pdf



STUDENT ATTENDANCE

Need to report a student's absence or submit a medical note?



West40 Remote School Absentee Form Link:

<https://forms.gle/D3i7aNtyAQKFJN6X7>

YEAR-LONG CALENDAR



https://www.west40remoteschool.com/_files/ugd/f770c8_3dbcd63b35f8457db367ea8404e0a698.pdf



IBERO
CIUDAD DE MÉXICO

Psicología /

TALLER DE SALUD EMOCIONAL

Para mujeres

Taller gratuito en español con cupo limitado - 9 Sesiones Virtuales

Los martes del 15 de febrero al 18 de abril del 2024 de 12:00 a 1:30 pm
(Hora de Chicago)

¿QUIÉNES PUEDEN PARTICIPAR?

- Mujeres mayores de edad
- Compromiso de participación en todo el taller
- Registro antes del 5 de febrero

**“INTÉGRATE Y DESCUBRE EL
PODER DE TU BIENESTAR
EMOCIONAL”**

**INSCRIPCIONES:
LLAMA O MANDA UN
TEXTO AL 773 987-5960
(ROSA GÓMEZ)**





Grupo de apoyo virtual para los cuidadores de personas con demencia

Se reúne el
primer martes
del mes por
Zoom
6:00 pm al
7:30 pm

Acompáñenos para construir un sistema de apoyo con personas que le entienden. Este grupo de apoyo es para cuidadores familiares de personas con Alzheimer u otras demencias.

Este grupo es conducido por personal capacitado, representando un lugar seguro para los cuidadores, familiares, y amigos de personas con demencia.

El grupo es gratuito para todas las personas sin importar donde recibe su cuidado médico o si tiene seguro médico o no.

Para matricularse o para más información, llame a Sonia

Serrano,

MSW, LSW al (312) 942-9048 o envíe un correo electrónico a Sonia_Serrano@rush.edu.

Este taller va a ser ofrecido por la aplicación Zoom (<https://zoom.us>) y por teléfono.

Se requiere matriculación para recibir los materiales necesarios para el taller.

Upcoming Community COVID-19 and Flu Vaccine Clinics

Clínicas Comunitarias de Vacunación Contra la Gripe y el COVID-19

Walk-ins welcome.

Vaccines available for ages
6 months and up.

SATURDAYS from **8AM-4PM**

Se admiten visitas sin cita previa.

Vacunas disponibles para edades
de 6 meses en adelante.

SÁBADOS de **8AM-4PM**

February 3rd | 3 de febrero

Arlington Heights Health Center
3250 N. Arlington Heights Rd., St. 300, Arlington Heights

February 17th | 17 de febrero

Robbins Health Center
13450 S. Kedzie Ave., Robbins

February 24th | 24 de febrero

Cottage Grove Health Center
1645 S. Cottage Grove Ave., Ford Heights

Vaccines are free of charge.

Las vacunas son gratuitas.

Insurance accepted but not required.

Se acepta seguro médico en pero no es obligatorio.

COOK COUNTY
HEALTH

Cook County ^{DCPH}
Public Health



BLOOD DRIVE



Cook County Health Blood Drive

Friday, Mar. 15
9 a.m. - 3 p.m.
Stroger Hospital Cafeteria
1969 W. Ogden Ave

To schedule an appointment call Vitalant
at 877.258.4825 or visit vitalant.org and
use group code: ORDOQ428.
Or, **SCAN QR CODE** to schedule.

Appointments Recommended.
Walk-ins Welcome.
Prepare: Eat well, hydrate, & bring ID.

SCAN HERE TO SCHEDULE



**Eclipse your expectations! Donate
March 3-16 and receive FREE
solar eclipse glasses* PLUS an
exclusive T-shirt to brighten your
day, both redeemable by email.
Be part of the celestial celebration
and save lives in style.
While supplies last.**



**COOK COUNTY
HEALTH**

vitalant




YOUTH VOICE AWARD


Use your voice and join Sarah's Inn to **break the cycle of relationship violence**. Create a piece of art, a poem, a video, or any other creative work that finishes the sentence...

Together, we can

PROMPT & THEMES

Use your voice and join Sarah's Inn to break the cycle of relationship violence. Select one of the questions listed below. Answer the question and finish the sentence "Together, We Can..."?

- 
- Based on your experience and observations, how would you work to break the cycle of relationship violence in your community?
 - How does the way that media supports/promotes the ideals of gender roles and toxic masculinity impact you?
 - How does the way we address relationship violence need to change?
 - What impact does it have on you to see professional athletes, celebrities, and politicians involved in high profile instances of relationship violence with their partner?



Projects must respond to one of the themes listed above. You are encouraged to use concrete examples, personal reflections, and specific proposals in your piece. Submissions will be accepted in any of the following forms:


- | | | |
|-----------|---------|---------------|
| • Art | • Video | • Dance |
| • Writing | • Music | • Spoken Word |

All entries must include a 2-3 sentence statement explaining your piece and how it connects to the theme.

DEADLINE FOR SUBMISSIONS: FEB 29, 2024

Two projects will be selected to win a \$2,000 award!

All participants must be between the ages of 14-18 and enrolled in high school. Please visit our website for judging criteria and guidelines.



Learn more about the Youth Voice Award and find complete project details at sarahsinntv.org



SCAN ME

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WEST40 REMOTE SCHOOL VISION



The vision of West40 Remote School is to create a safe and diverse learning environment where students feel loved, accepted, and encouraged to reach their full potential by attaining the skills to be emotionally & and academically successful individuals.

WEST40 MISSION

We will meet you where you are.

We will be what you need.

We will walk further with you.

We will stand strong with you.

